



# *Winter Workshop Package* 2026

**Victoria Childcare Resource and Referral**

# Through the Eyes of the Child

Date: Wednesday, January 23<sup>rd</sup>, 2026  
Time: 6:30pm - 8:30pm  
Location: Zoom virtual platform  
Cost: \$20

Facilitated by:  
Debbie Cybulski & Cristi Oldfield Lindsay

Parents and care providers are reporting increased frustration, stress, aggression, and other related challenges that are well documented in our children and youth, but not well understood, especially during these challenging times. And, adult direction, teaching, or intervention seem to have little effect or can even make matters worse. Care providers are invited to join us and share their experiences, as we gain insight into the root causes of many challenging behaviours and develop an understanding of how we can help children to grow out of these behaviours.

Debbie is a Registered Social Worker and is currently the Executive Director of LDABC. She has worked, volunteered, played alongside, and cared for children and their families in various capacities for over 30 years.

Regardless of her role, she believes that every child she meets can reach their full human potential and parents and care providers are their best bet.

Cristi is passionate about coming alongside and providing support for Parents and Care Providers who endeavour to make sense of their children from the inside-out. Drawing from Dr. Gordon Neufeld's developmental theory, she champions the power of relationship as the ultimate answer to growth. She offers insight into many common challenges facing families today and provides a space for discussion and deeper understanding.

**Registration link: <https://ldasvi.bc.ca/lda-parent-registration/>**

# Worksafe BC

## Presentation for Childcare Workers

Date: Saturday, January 24, 2026  
Time: 9:30am -11:30am  
Location: #203-2840 Nanaimo St (Victoria CCRR)  
Cost: \$20 deposit to be refunded upon completion

Facilitated by: Aiden Dee

Aiden Dee is an Occupational Health and Safety Advisor with the WorkSafeBC Prevention Field Services.

Occupational Health and Safety Advisors help to reduce risk and keep workplaces healthy and safe through education and consultation with health and safety associations, labour organizations, industry associations, and other industry stakeholders. Worksafe OHS consultants are located throughout B.C.

These are the objectives of the presentation for childcare workers:

- Understand ergonomics (also called human factors)
- Recognize the early signs and symptoms of musculoskeletal injuries (MSI)
- Identify potential MSI risk factors
- Control risk factors using: proper environment set-up, proper-fitting attire, and safe work practices.

# Let's Talk About Touching

January 31st & February 1st, 2026

Victoria CCRR | 8:30am - 4:30pm

\$40.00

Victoria CCRR and ECEBC are proud to offer an in-person Educator Training opportunity at the Victoria Child Care Resource and Referral office. This training is for ECEs, Primary Teachers, and other professionals who work with children.

“Let’s Talk About Touching (LTAT) is a comprehensive program designed by the Early Childhood Educators of BC (ECEBC) to support children’s learning about personal safety and body awareness, specifically aimed at increasing abuse resistance skills in children aged 0-8 years. Widely implemented across Early Learning and Child Care programs and Primary school settings, LTAT is an essential resource for Early Years Educators.

- The program emphasizes the importance of body autonomy, teaching children their right to control who touches them and how they are touched. LTAT equips children with skills to protect themselves, introducing six body safety rules, encouraging them to say "no" or "stop," to get away, and to seek help from a trusted adult. Children learn to differentiate between safe and not safe touches, fostering a foundation for personal safety.”

To read more about the Let’s Talk About Touching course, follow this [link](#).

# Giving Curriculum a Purpose With Pedagogical Narrations

Date: 4 Saturdays, February 7, 14, 21, 28, 2026

Time: 9:30am- 11:30am

Location: #203-2840 Nanaimo Street (Victoria CCRR)

Cost: \$50.00 deposit, to be refunded upon completion of course

Facilitated by: James McGran

James McGran, an early childhood educator since 2006, has worked in Ontario and British Columbia as an ECE. He has also worked as a kindergarten teacher in both traditional kindergartens and international schools in Japan. Along with a diploma in Early Childhood Education, James has a BA and an MA from the School of Child and Youth Care, University of Victoria. With ECE training in the Reggio Emilia approach, a practicum in a Montessori school, experiences in Forest Kindergartens, a Waldorf school, and Making the PYP Happen training at an International Baccalaureate (IB) school, James has recently continued his journey in education by completing a BEd, also MA at the University of Victoria, to become an elementary school teacher. James enjoys philosophical discussions, especially when related to society and education. But more than simply philosophizing about education and educational processes, he relishes actualizing philosophical thought by taking concrete actions. He takes pride in walking the talk and hopes that he can share this orientation for action with other educators.

# Giving Curriculum a Purpose With Pedagogical Narrations

(Continued)

Pedagogical narrations are “central to the vision” (B.C. Ministry of Education, 2019, p. 3) of the newest edition of the Early Learning Framework, but what are they, exactly? Where did this pedagogical practice come from? What is the purpose and value of using this pedagogical tool? And most importantly, where does an early childhood educator even begin in the process of doing pedagogical narrations?

With some early childhood educators struggling to implement the practice of pedagogical narration because of a general confusion regarding the process, a possible misunderstanding regarding the purpose, or a lack of know how for implementing the practice, this four part course will provide a pedagogical and experiential compass to equip other professional early childhood educators with enough knowledge and understanding to help them initiate their own process and practice of pedagogical narration. Early childhood educators will have the opportunity to define the practice of pedagogical narration; learn about the historical context from where this practice was borrowed; determine habits and practices that support a pedagogical narration learning environment; and will discuss the purpose and value of using pedagogical narrations in early learning settings. This course will be offered over the four Saturdays, and, with small homework requirements and a mid-week, online community of practice used for further discussions, questions, comments, and conversations.

Participants will receive a certificate for 20 hours of professional development.

# Aggression & Self Control

Date: Wednesday, February 11<sup>th</sup>, 2026  
Time: 6:30 pm – 8:30 pm  
Location: Virtual Platform  
Cost: \$ 20

Facilitated by:  
Debbie Cybulski & Cristi Oldfield Lindsay

While temper tantrums are part and parcel of the growing-up developmental process, for many reasons some children can experience intense emotional reactions (at any age) that leave adults bewildered, triggered, frustrated, or questioning what to do. Often, typical strategies do not seem to have an effect, and in many cases make the situation worse. This workshop will explore the roots of aggression, how self-control and impulse control are developed, and how we can assist the developmental process.

**Registration link: <https://ldasvi.bc.ca/lda-parent-registration/>**

# Observing to Get Ahead of Behaviours: A Learning Circle

Date: Saturday, February 21<sup>st</sup>, 2026  
Time: 9:30 AM – 11:30 AM  
Location: 203-2840 Nanaimo Street (Victoria CCRR)  
Cost: \$20 to be refunded upon completion

Facilitated by: Erin Waddell & Carey Storan,  
Victoria CCRR Consultants

In this interactive learning circle, participants will explore using reflective practice tools to engage and connect meaningfully with neurodiverse children. Oftentimes, the barriers to authentic connections and meaningful relationships are identified through big behaviours and lack of preventative engagement. As we examine with a lens of shared vulnerability, our aim will be to create a space of safety and curiosity to investigate the roadblocks to showing up for each other and all children in our care. The journey of deeper thinking using key relational concepts from an interdisciplinary perspective will encourage us to analyze our viewpoints and consider the “why” and “how” we show up.

Observation will be highlighted as a key tool in uncovering the “why” behind behaviours. By slowing down to truly see and listen, educators can identify patterns, triggers, and needs that support responsive, relationship-based care. This circle invites us to reflect on how our perspectives and observations shape the ways we show up for all children in our care.

# Creating Conversations with Parents

Date: Saturday, March 14th, 2026  
Time: 9:30 AM – 11:30 AM  
Location: In Person  
Cost: \$20 deposit to be refunded upon completion

Facilitated by: Erin Waddell & Carey Storan,  
Victoria CCRR Consultants

In this learning circle, educators will explore ways to build meaningful, strengths-based conversations with parents and caregivers. Using a growth-mindset approach, we will reflect on how communication can shift from problem-focused to partnership-focused—centering the shared goal of supporting each child's development and well-being.

Through discussion and reflection, participants will examine strategies for framing feedback, inviting families into dialogue, and co-creating plans that honour both professional insight and family perspective. Together, we will practice language that empowers rather than corrects, helping to nurture trust, consistency, and shared understanding between home and childcare environments.

## Registration Policy and Procedures

- If you are registering multiple participants/staff, you must provide the names and personal emails of everyone, so they can be contacted individually in case there are updates about the workshop.
- Registration is ONLY though PayPal on our website.
- Please note when a workshop's registration and/or location is with a community partner.
- Replacement attendance certificates will be issued at a cost of \$10.00 per certificate. Please note two weeks' notice is required.
- For virtual workshops, we require all participants to have their cameras on, as proof of attendance, in order to receive a certificate.
- Childcare is not available during workshops. Please make other childcare arrangements for your children during this time.
- Please arrive on time as arriving late disrupts the workshop, and you will have missed essential information. Your certificate may be changed to reflect your late arrival.
- Last, but not least, PLEASE record the workshops you have registered for in your calendar. Nothing is more heartbreaking than realizing you have missed a workshop!