



Sidney & Southern Gulf Islands Workshops Autumn/Winter 2019-2020

Embracing Gender-Creative Children and Every Child Is A Scientist

Facilitated by Kendra Farley

Date: Saturday September 28th

Time: 10:00 AM—2:30 PM

Location: Shoal Centre Card Room (upstairs) | **10030 Resthaven Dr, Sidney**

Cost: \$50

A light lunch will be provided

About the Workshops:

Embracing Gender-Creative Children in the Early-Years, featuring Elliot Wheatcroft: Working in the early years in our blossoming world involves conscious acts of inclusion and acceptance. Our communities have the opportunity to become beacons of access, inclusion, and diversity, making early learning a safer space for all BC families. With this workshop, participants will glean ways to infuse their sites of practice with welcoming inclusive attitudes that celebrate gender diversity, embracing gender creative children as an act of care in and of itself.

Every Child is a Scientist: Science is not isolated information that you teach children. Rather, science is the real world and in everyday experiences. With this workshop participants will explore how children learn science and how to inspire their natural inquiry with strategies, tools, equipment, and emergent curriculum designs.

About the Facilitators:

Kendra is an inspired leader in the early childhood education and care field. Her passion to see access, inclusion, and diversity forefront in British Columbia led her to spearhead new programmes and to implement early years focus and innovation for many local organizations.

Over the past fifteen years, Kendra performed throughout the spectrum of roles in Early Childhood Education, including programme design and management roles across British Columbia, including the Royal BC Museum, Provincial governments, Child Care Resource and Referral, Kootenay Kids Society, and School Districts 8 and 63. Regionally, Kendra consulted in the private sector as a Corporate Childcare Consultant, lecturer, and programme head for the early years department at CDI College.

Elliot has extensive experience in inclusive early childhood education, with over 10 years of working in the field in a variety of roles and settings. Elliot has also spent over 12 years supporting trans and gender diverse children, youth, and families in various roles, including as a youth group facilitator and as a child,

youth and family community support health liaison. He currently cares for his three young children on the traditional lands of the T'Souke Nation in Sooke BC while studying Child and Youth Care at UVIC.



**Challenging Behaviours Series
previously in Autumn and Winter 2018-2019)**

(offered

Facilitated by Debbie Cybulski, RSW

Date: Saturday October 26th

Time: 10:00 AM—2:30 PM

Location: Shoal Centre All Purpose Room (main level) | **10030 Resthaven Dr, Sidney**

Cost: \$50

A light lunch will be provided

About the Workshops:

#1 Challenging Behaviours: Parents and care providers are reporting increased frustration, stress, aggression, and other related challenges that are well documented in our children and youth, but not well understood. And, adult direction, teaching, or intervention seem to have little effect, or can even make matters worse. Care providers are invited to join us and share their experiences, as we gain insight into the root cause of many challenging behaviours and develop an understanding of how we can help children to grow out of these behaviours.

#2 Common Challenges: Aggression and Self-Control: While temper tantrums are part and parcel of the growing up developmental process, for many reasons, some children can experience intense emotional reactions (at any age) that leave adults bewildered, triggered, frustrated, or questioning what to do. Often, typical strategies do not seem to have an effect and in many cases, make the situation worse. This workshop will explore the roots of aggression, how self control and impulse control are developed, and how we can assist the developmental process.

About the Facilitator:

Debbie Cybulski is a Registered Social Worker and is currently the Executive Director of LDABC The Learning Curve in Victoria BC. She has worked, volunteered, played alongside, and cared for children and their families in various capacities for 30 years. Regardless of her role, she believes that every child she meets is capable of reaching their full human potential.

The Learning Curve's mission is to support, educate, and advocate for children with learning and behavior challenges, and their families.

Presented in partnership with LDABC The Learning Curve



Kids Have Stress Too!®

Facilitated by Lesley Porterfield

Date: Saturday January 25th

Time: 10:00 AM—2:30 PM

Location: Shoal Centre All Purpose Room (main level) | **10030 Resthaven Dr, Sidney**

Cost: \$50

Optional Guide: \$35

A light lunch will be provided

About the Workshop:

Kids Have Stress Too!® is an interactive training workshop from The Psychology Foundation of Canada for professionals who work with families and children in early learning and care environments. The Kids Have Stress Too! (KHST!®) program is based on evidence that, with help, young children can learn practical, age appropriate strategies to relieve stress, and effective ways to respond to stressful situations. By learning to cope with life's ups and downs, through these stress-management techniques, children develop healthy strategies that help them to adapt, self-regulate, be resourceful, feel competent, and become more resilient. Through the KHST® workshop you will learn to recognize stress

in children and learn effective ways to promote positive emotional development and self-regulation in young children.

About the Facilitator:

Lesley Porterfield, B.Ed., ECE. Lesley has worked as a teacher, Family Child Care Provider, and Early Childhood Educator. Lesley is a certified KHST!®Trainer and workshop facilitator, and has completed a Master's degree in Counselling Psychology. Lesley is presently the Child Care Consultant at the Victoria CCRR.



Registration Policy and Procedures

Registration can be done through mail or in office.

Credit card information and cheque made payable to Victoria Child Care Resource and Referral can be mailed to:

Victoria Child Care Resource and Referral

2001A Douglas St

Victoria BC V8T 4K9

- If you are registering multiple participants, please fill out a separate registration form for each person
- If you are paying by credit card, your information will be processed immediately upon receiving your registration form. We will then destroy your credit card information immediately.
- **Refund Policy Change:** No monetary refunds will be issued. With 10 business days' notice, you will be provided a credit note, equal to the workshop's value, to attend a future workshop within one calendar year of date on credit note.

- Replacement attendance certificates will be issued for up to one year of event, at a cost of \$10.00 per certificate.
- Child care is not available during workshops. Please make other child care arrangements for your children during this time.
- Please arrive on time as coming late disrupts the workshop, and you will have missed essential information. Your certificate may be changed to reflect your late arrival.
- Last, but not least, PLEASE record the workshops you have registered for on your calendar. Nothing is more heartbreaking than realizing you have missed a workshop!