



How to Support Eaters in Training



Saturday, May 10th, 2025



9:30am - 11:30am



In-Person: 2840 Nanaimo Street, Suite 203, Victoria

Join this engaging workshop designed to equip you with effective strategies to support children in developing a positive relationship with food. In this session, you will learn:

- Ways to help children become competent eaters
- The distinct responsibilities of adults and children during mealtimes
- How to navigate common feeding challenges
- What a trauma-informed approach to nutrition looks like

Facilitated by Nadine Bartels, Registered Dietitian

