



# *Autumn*

WORKSHOP PACKAGE

2025

Victoria Child Care  
Resource and Referral

[www.childcarevictoria.org](http://www.childcarevictoria.org)

#203-2840 Nanaimo St.

# Let's Build Together

## An Introduction to Woodworking with Children

DATE: SATURDAY, SEPTEMBER 20TH, 2025  
TIME: 9:30AM - 12:30PM  
LOCATION: TREE OF LIFE PLAYSCHOOL, 15-1182 COLVILLE RD, IN PERSON  
COST: \$25.00

Facilitated by: Tree of Life Playschool

This introductory workshop is directed towards the ECE community in the Victoria area.

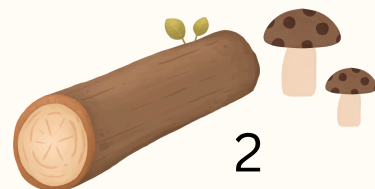
The goal of this workshop is to provide educators with a base understanding of how a woodworking component could be added to their respective curriculums. The far reaching benefits and positive learning impacts from woodworking are incredibly rewarding for both educators and children. There will be tool demonstrations, as well as discussion, offering insight into the various opportunities and challenges that arise when woodworking with small children. Participants will experience building with found materials, similar to what the children at Tree of Life do every week.

Darren has 6 years experience with woodworking with the Playschool children and is a graduate of the Camosun College Fine Furniture Program 2001. He has over 20 years experience as a custom fine furniture maker and is currently studying at the University of Victoria in his 3rd year BFA in the sculpture department.

Kate Lawes is the director and owner of Tree of Life Nature Playschool and will also be participating in the workshop. She will share experiences from the past 6 years after adopting a woodworking component to her Licensed Child Care. Kate will share dialogue from the standpoint of the Tree of Life Nature Playschool which is based on Waldorf and Forest Schools of Canada principles.



*"Learn to bring the world of woodworking  
to the children you work with."*





# Through the Eyes of the Child

DATE: TUESDAY, SEPTEMBER 23, 2025  
TIME: 6:30PM - 8:30PM  
LOCATION: ZOOM VIRTUAL PLATFORM  
COST: \$20

Facilitated by:  
Debbie Cybulski & Cristi Oldfield Lindsay

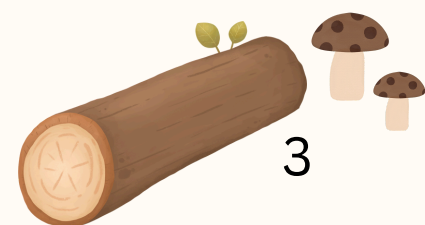
Parents and care providers are reporting increased frustration, stress, aggression, and other related challenges that are well documented in our children and youth, but not well understood, especially during these challenging times. And, adult direction, teaching, or intervention seem to have little effect or can even make matters worse.

Care providers are invited to join us and share their experiences, as we gain insight into the root causes of many challenging behaviours and develop an understanding of how we can help children to grow out of these behaviours.

Debbie is a Registered Social Worker and is currently the Executive Director of LDABC. She has worked, volunteered, played alongside, and cared for children and their families in various capacities for over 30 years. Regardless of her role, she believes that every child she meets can reach their full human potential and parents and care providers are their best bet.

Cristi is passionate about coming alongside and providing support for Parents and Care Providers who endeavour to make sense of their children from the inside-out. Drawing from Dr. Gordon Neufeld's developmental theory, she champions the power of relationship as the ultimate answer to growth. She offers insight into many common challenges facing families today and provides a space for discussion and deeper understanding.

Registration is through The Learning Curve:  
Link TBA



# Exploring Waldorf and Natural Materials

## -Part 2-

DATE: SATURDAY, OCTOBER 4TH, 2025  
TIME: 9:30AM - 12:30 PM  
LOCATION: ARBUTUS GROVE CHILDRENS CENTRE 3905 HARO RD, IN PERSON  
COST: \$25.00

Facilitated by:  
Cynthia Mackey & Helena Maria Regina Dias de Jesus

Come to Arbutus Grove Children's Centre and visit our Nature Program, where we will share our theories for enhancing creative thinking, and how and why we believe creative thinking has flourished in our program. You'll tour our outdoor construction area, our indoor classroom including our art area and loose parts collection, and our collection of loose parts for enhancing play in nature. Back by popular demand, this workshop will build on the ideas, and further the learning, from our last workshop. New registrants welcome !

Cynthia has devoted her career to the Early Years field. She has worked in a variety of settings and currently manages the Nature Program for 3-5's at Arbutus Grove Children's Centre, where she takes children out for daily walks in nature. She is also a children's author and poet. Her recent children's book, *If A Bumblebee Lands On Your Toe*, is about overcoming anxiety using mindfulness and a connection to nature. Her next book, *Butterfly Sea*, is an empathetic story of two siblings with competing interests that weaves in information about butterfly gardening and butterfly classification.

Helena is originally from Brazil, where she graduated in Early Childhood Education, Waldorf Pedagogy, and Children with Special Needs. She worked for a Waldorf school for 18 years with children from 18 months to 4.5 years. Helena has a daughter who lives in Scotland. Helena moved to Canada in 2018 and graduated in Early Childhood Education in Montreal. After working in child care centres in Montreal and Moncton, she moved to Victoria in 2022 and began working in the Nature Program at Arbutus Grove Children's Centre and says, "It's been amazing." She loves walking in nature, specifically with the children. They are great explorers and observers and she learns a lot from them. Helena also likes hiking gardening, painting, crafts, reading, travelling, and art.





# Storytelling Workshop

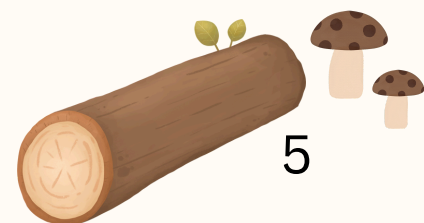
DATE: SATURDAY, OCTOBER 18TH, 2025  
TIME: 9:30AM - 11:30AM  
LOCATION: #203-2840 NANAIMO ST (VICTORIA CCRR)  
COST: \$20

Facilitated by: Laureanne Lepage

Hello, my name is Laureanne Lepage (pronounced Lorianne). I am a French-Canadian Métis licensed Early Childhood Educator with over 40 years of experience in the field, specializing in special needs and infant/toddler education. Recently, I've developed a deep passion for storytelling—specifically, sharing stories with children without the use of books, outside of their typical classroom routines.

Through this approach, I've observed that children become more engaged, often asking for more stories, and even creating their own. My goal is to foster their imagination and creativity, enhance literacy and language development, and strengthen memory skills. Additionally, this method boosts their self-esteem and confidence—who knows, maybe one day they'll be inspired to write their own stories.

In the upcoming workshop, I will explore various storytelling styles, the ideal times to tell stories, how to incorporate diversity into storytelling, and what makes a story impactful. I look forward to sharing my knowledge and skills with you.



# Understanding Social Development

DATE: TUESDAY, OCTOBER 21, 2025  
TIME: 6:30PM - 8:30PM  
LOCATION: ZOOM VIRTUAL PLATFORM  
COST: \$20

Facilitated by:  
Debbie Cybulski & Cristi Oldfield Lindsay

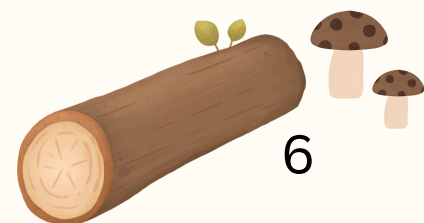
Are you concerned about your child's social skill development? You are not alone! Concerns regarding a child's social skills are in the top five phone calls of the 2500 inquiries per year to The Learning Curve. The Learning Curve has facilitated social skills groups for children and youth for over 20 years. Please join us to discuss how social skills are developed and gain new insight into how parents and care providers can facilitate healthy social development.

*This session builds on the foundational content of our *Through the Eyes of a Child* workshop, which is recommended as a prerequisite workshop.*

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Registration is through The Learning Curve:  
Link TBA





# Trauma-Informed Practice:

## Nurturing the Art of Being, Becoming and Belonging (School Aged Care)

DATE: SATURDAY, OCTOBER 25 TH, 2025  
TIME: 9:00AM-12:00PM PST  
LOCATION: ZOOM VIRTUAL PLATFORM  
COST: 50.00

Facilitated by:  
Tyler J. Summers, ECE & Tony Tsang, M.Sp.Ed

Join us for an engaging and interactive virtual workshop exploring trauma informed practice in school aged care and education. facilitated by educator's Tyler Summers and Tony Tsang. This training delves into the essentials of creating inclusive, compassionate, and responsive learning environments. Participants will examine real world scenarios, foster emotional literacy, and develop practical strategies to create a sense of belonging and holistic child well-being. Through a combination of storytelling, collaborative case studies, and reflective discussions, attendees will gain powerful insights, adaptable tools, and actionable trauma informed framework that can be immediately applied in their daily practice.

Tyler is an early year care and education consultant and passionate advocate for play based learning with extensive experience in early childhood education. Tyler collaborates closely with educators and families to integrate self-directed play and innovative educational practices. Tyler's engaging and practical approach makes complex concepts accessible and immediately applicable.

Tony is an experienced professional educator, a diversity, equity, and inclusion advocate, and skilled facilitator. Holding a Master's degree in Special Education from Vancouver Island University. Tony brings depth and expertise in resilience, inclusive education, and indigenous education integration. His empathetic style and strategic insights empower educators to create meaningful change in their practice.

### Workshop highlights include:

- Understanding trauma informed perspectives
- Ethics of care in care and educational settings
- Practical tools for immediate implementation
- Strategies for inclusive response of childcare
- Interactive discussions and scenario based learning





# Nourishing with Care: Trauma-Informed Nutrition for Early Childhood

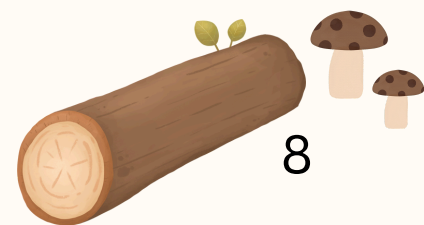
DATE: SATURDAY, NOVEMBER 1ST, 2025  
TIME: 9:30AM - 11:30AM  
LOCATION: #203-2840 NANAIMO ST (VICTORIA CCRR)  
COST: \$20

Facilitated by: Erica Camfferman, RD, MAL (she/her)

This workshop will explore the relationship between adversity and nutritional health:

- Impacts of adverse childhood experiences on health and brain development
- Food insecurity and its impacts
- Role of nutrition in emotional and physical health
- Common nutrition challenges in children affected by trauma
- Principles of trauma-informed nutrition
- Practical tools for child care providers

Erica Camfferman is a Public Health Dietitian for the Healthy Communities team at Island Health. She is passionate about supporting families and caregivers to nurture healthy relationships with food. She seeks to blend evidence-based recommendations with practical approaches that consider everyone's unique circumstances and experiences. Outside of work, she loves to bike with her husband and three active sons.



*Save The Date*

# Provocation Studio & Mini Workshop Event

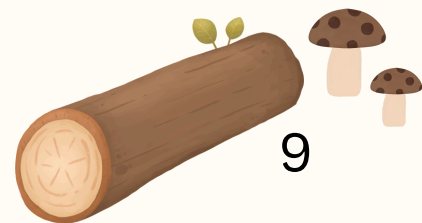
DATE: SATURDAY, NOVEMBER 8TH, 2025  
TIME: 9:00AM - 12:00PM  
LOCATION: #203-2840 NANAIMO ST (VICTORIA CCRR)  
COST: FREE

Join us again to spend time in our  
Provocation Studio and workshops,  
exploring current theory and practice.

## Mini Learning Events will include:

- Explore the CCRR Provocation Studio concept and materials
- Neurodiverse Learning Circle with Erin Waddell
- Beginner Crochet Lesson with Shauna Fraser

\*\*\* RSVP to [referrals@childcarevictoria.ca](mailto:referrals@childcarevictoria.ca)  
in order to receive your 3 hour certificate at  
the closing of this event. \*\*\*



# Attention Challenges & Self Regulation

DATE: WEDNESDAY, NOVEMBER 19TH, 2025  
TIME: 6:30PM – 8:30PM  
LOCATION: ZOOM VIRTUAL PLATFORM  
COST: \$ 20

Facilitated by:  
Debbie Cybulski & Cristi Oldfield Lindsay

Raising children is challenging enough without the often contradictory and anxiety-provoking information about attention challenges. This workshop will provide the opportunity to deepen your understanding of how attention and self-regulation are achieved, the challenges that can arise, and how we can assist the developmental process.

Our objective is to provide parents and care providers with the opportunity to:

- Share their concerns and triumphs
- Connect with others experiencing similar challenges
- Deepen their understanding of attention challenges
- Understand how adults can positively influence their child's behaviour and resilience.

*This session builds on the foundational content of our *Through the Eyes of a Child*, which is recommended as a prerequisite workshop.*

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Registration is through The Learning Curve:  
Link TBA



# Through the Eyes of the Child

DATE: TUESDAY, JANUARY 13, 2026  
TIME: 6:30PM - 8:30PM  
LOCATION: ZOOM VIRTUAL PLATFORM  
COST: \$20

Facilitated by:  
Debbie Cybulski & Cristi Oldfield Lindsay

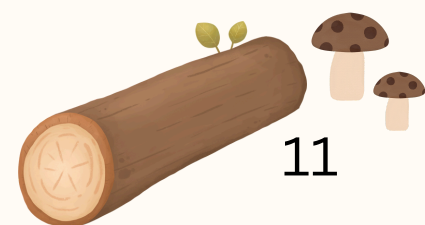
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# Worksafe BC

## -Presentation for Childcare Workers-

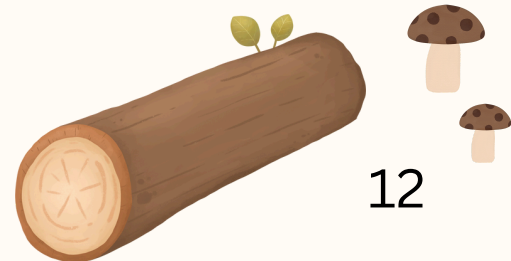
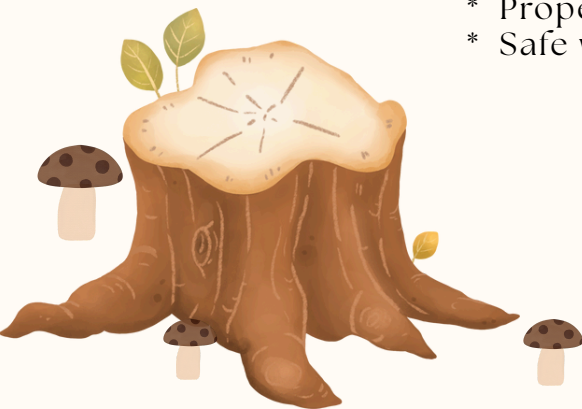
DATE: SATURDAY, JANUARY 24, 2026  
TIME: 9:30AM -11:30AM  
LOCATION: #203-2840 NANAIMO ST (VICTORIA CCRR)  
COST: \$20

Facilitated by: Aiden Dee

Aiden Dee is an Occupational Health and Safety Advisor with the WorkSafeBC Prevention Field Services. Occupational Health and Safety Advisors help to reduce risk and keep workplaces healthy and safe through education and consultation with health and safety associations, labour organizations, industry associations, and other industry stakeholders. Worksafe OHS consultants are located throughout B.C.

### These are the objectives of the presentation for childcare workers:

- Understand ergonomics (also called human factors)
- Recognize the early signs and symptoms of musculoskeletal injuries (MSI)
- Identify potential MSI risk factors
- Control risk factors using:
  - \* Proper environment set-up
  - \* Proper-fitting attire
  - \* Safe work practices





# *Save The Date*

## Let's Talk About Touching

January 31st & February 1st, 2026

Victoria CCRR | 8:30am - 4:30pm

\$40.00

Victoria CCRR and ECEBC are proud to offer an in-person Educator Training opportunity at the Victoria Child Care Resource and Referral office. This training is for ECEs, Primary Teachers, and other professionals who work with children.

“Let's Talk About Touching (LTAT) is a comprehensive program designed by the Early Childhood Educators of BC (ECEBC) to support children's learning about personal safety and body awareness, specifically aimed at increasing abuse resistance skills in children aged 0-8 years. Widely implemented across Early Learning and Child Care programs and Primary school settings, LTAT is an essential resource for Early Years Educators.

The program emphasizes the importance of body autonomy, teaching children their right to control who touches them and how they are touched. LTAT equips children with skills to protect themselves, introducing six body safety rules, encouraging them to say "no" or "stop," to get away, and to seek help from a trusted adult. Children learn to differentiate between safe and not safe touches, fostering a foundation for personal safety.”

To read more about the Let's Talk About Touching course, follow this [link](#).

*Registration to open in October 2025*



## Registration Policy and Procedures

- No Educator will be denied enrollment due to financial hardship. Please email [belinda@childcarevictoria.ca](mailto:belinda@childcarevictoria.ca) to arrange a bursary if you are experiencing financial barriers. Bursaries are granted on a case by case basis and all information collected during this process is strictly confidential.
- If you are registering multiple participants/staff, you must provide the names and personal emails of everyone, so they can be contacted individually in case there are updates about the workshop.
- Registration is ONLY through PayPal on our website.
- Please note when a workshop's registration and/or location is with a community partner.
- Replacement attendance certificates will be issued at a cost of \$10.00 per certificate. Please note two weeks' notice is required.
- For virtual workshops, we require all participants to have their cameras on, as proof of attendance, in order to receive a certificate.
- Childcare is not available during workshops. Please make other childcare arrangements for your children during this time.
- Please arrive on time as arriving late disrupts the workshop, and you will have missed essential information. Your certificate may be changed to reflect your late arrival.
- Last, but not least, PLEASE record the workshops you have registered for in your calendar. Nothing is more heartbreaking than realizing you have missed a workshop!

